



# North Suburban Parochial School League WRESTLING

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RSC Wrestling is made up of boys in 3<sup>rd</sup> – 8<sup>th</sup> Grades from Sacred Heart (Rams), St. Raphael’s (Saints) and St. Alphonsus (Crusaders)

***Season runs Mid-January through March, 2012***

A “Future Mat Men” wrestling clinic is held in spring 2012 for K-2<sup>nd</sup> grade boys

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The North Suburban Parochial School League has been a starting point for many successful high school (& college) wrestlers. In it’s 20+ year existence, league alumni have earned over 400 high school varsity wrestling letters, with well over 100 participating in the state high school individual and team tournaments...over 150 individual state qualifiers and place winners, and several state champions!

Starting in grade school is a great way to be introduced to the sport. No experience is necessary, and many boys are naturally good at wrestling. More importantly...  
no wrestler has ever been cut from any high school wrestling team!!!

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**Parent Meeting / First Practice: January 17, 6:30 p.m. at St. Alphonsus gym**

St. Al’s is located at 7301 Halifax Avenue North, Brooklyn Center, MN 55429

A practice schedule will be distributed at the first practice. Practices will be held at St. Raphael’s and at St. Al’s. **\*If you can’t make January 17, please come to the next practice – January 20 at St. Raphael’s, 6:30 p.m.!**

Anyone interested in participating in RSC Wrestling, or if you have any questions, please contact coaches:

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